

Camp Directors



Jordan Turner

Turner is the Head Cross Country/Track & Field Coach at Reinhardt University. He has served in this role since 2012 and launched the Track & Field program in 2015. He was a 4 time NAIA XC national meet qualifier while at Reinhardt. Turner is a USATF Level 1 certified coach and continues to run at a competitive level.



Jarret Holland

Holland has served as Head Cross Country Coach at Truett-McConnell College for twelve years. In his tenure, he received four Coach of the Year titles over the course of five years competing in the NJCAA Region XVII prior to the school's transition to the National Association of Intercollegiate Athletics (NAIA) in 2010. Jarret runs anything from the 100M to Marathons.

Other Staff Include:

NCAA Division I and II cross country coaches, NAIA cross country coaches, top-tier nationally ranked runners from Division I and II and NAIA schools.



At the Saucony® Running Camp, we believe in the comprehensive camp experience. Runners get high-quality instruction from experienced college and high school coaches. Nutrition, mental preparation, and race strategy are also covered to help every runner enter his or her season well prepared and confident.

“The lessons I learned as a high school and college athlete have helped instill the traits necessary to excel as an athlete, mentor, and coach. I hope to encourage athletes attending the Saucony® Running Camp to strive toward their best using these same principles.”

- Jarret Holland, Saucony® Running Camp Director

Saucony® Running Camp

Reinhardt University
7300 Reinhardt Circle
Waleska, GA 30183

Jordan Turner: 678-231-2789
jet@reinhardt.edu

Jarret Holland: 706-254-1746
jholland@truett.edu

Saucony® Running Camp



RUN LIKE A CHAMPION!

TOP-NOTCH TRAINING FROM AWARD-WINNING COACHES

TEAMS OR INDIVIDUALS



REGISTER ONLINE AT

WWW.SAUCONYTMCAMP.COM

Saucony® Running Camp

The Saucony® Running Camp focuses on “smart running” rather than “logging miles”. Campers will leave healthy, motivated, and excited to reach their goals for their middle or high school program. Campers will receive one-on-one coaching from collegiate athletes and coaches. The Saucony® Running Camp is not just a running camp; it is a camp that will take your runner’s skills to the next level.

Who: Middle and high school runners, all skill and experience levels welcome

When: Sunday, July 24 – Wednesday, July 27
(4 days, 3 nights)

Where: Reinhardt University, Waleska, GA

Non-refundable deposit of \$50 due by July 18th to secure a spot at the camp.

Individual Runner Prices:

*****All runners receive a pair of Saucony shoes with registration.**

_____ Camp Fee: \$500 if deposit paid by May 27th.
Late registration after June 10th is \$525.00.

Team Prices:

_____ 10 runners/team = \$450 per runner before
May 27th. \$475.00 per runner after deadline.

*****All prices include meals, lodging, Helen Retreat expenses, Saucony swag bag, Saucony shoes.**

Make checks payable to Red Clay Racing & Timing. Deadline to Register is July 18, 2016.

What to Expect

Campers will be instructed on a range of running topics, including race strategy, Vdot and interval training, as well as hill workouts. Camp staff includes highly experienced

collegiate coaches and nationally ranked collegiate runners. Campers will meet some of the best college coaches in the Southeast at an Expert Panel of Coaches event.

Housing

Campers will be housed in air-conditioned residence dorms at Reinhardt University with two campers assigned to each room. Campers may indicate roommate preference on their registration form. Live-in staff will stay in the dorms overnight and dine with the campers.

What to Bring

Clothing and foot gear (spikes optional) for at least 7 workout sessions; extra socks; extra running shoes; water bottle; wrist watch; shower sandals; toiletries; soap; towels and washcloths; laundry bag; pillow; bedding; swimsuit; sunscreen; nutrition bars; snacks (no refrigerated items); snack money (optional); shoes to wear while tubing in Helen, GA.

*Staff not responsible for items or money lost or stolen during the duration of the camp.

Big Peach Co. Running Gear!

Campers can purchase top of the line running shoes and apparel during our “shoe night” sponsored by Big Peach Running Company. Big Peach Running Company is a premier running company with 7 locations in the metro Atlanta area. If your runner is in need of a new pair of shoes or any running gear, this is the place to buy them. Big Peach will ensure that each athlete is properly fitted and receives their Saucony shoes at the camp.

Camp Registration Form

To reserve your runner’s space, sign and return this form or register online with a \$50 non-refundable deposit by July 18, 2016. **Register by mail or online at www.sauconytmcamp.com**

Mail to: Reinhardt University,

Attention: Jordan Turner

7300 Reinhardt Circle

Waleska, GA. 30183

Make checks payable to:

Red Clay Racing & Timing.

Camper’s Name: _____

Mailing Address: _____

City: _____ State: _____

Zip: _____ Sex: _____

Parent’s Email: _____

Camper’s Email: _____

Home #: (____) _____

Parent’s Cell #: _____

Roommate Request: (Choice #1)

Roommate Request: (Choice #2)

Allergies: _____

Is camper allergic to bee stings? _____

Current Medications: _____

Coach’s Name: _____

Coach’s email: _____

Grade (Fall of 2016): _____ Age: _____

School: _____

Personal Best 5k: _____ Shoe Size: _____